

# HbA1c (%) to Estimated Average Glucose (mg/dL) Conversion Chart [*United States*]

<b>Hba1c (%)</b>	<b>eAG (mg/dL)</b>	<b>Hba1c (%)</b>	<b>eAG (mg/dL)</b>
<b>4</b>	<b>68</b>	<b>9</b>	<b>212</b>
<b>4.5</b>	<b>82</b>	<b>9.5</b>	<b>226</b>
<b>5</b>	<b>97</b>	<b>10</b>	<b>240</b>
<b>5.5</b>	<b>111</b>	<b>10.5</b>	<b>255</b>
<b>6</b>	<b>126</b>	<b>11</b>	<b>269</b>
<b>6.5</b>	<b>140</b>	<b>11.5</b>	<b>283</b>
<b>7</b>	<b>154</b>	<b>12</b>	<b>298</b>
<b>7.5</b>	<b>169</b>	<b>12.5</b>	<b>312</b>
<b>8</b>	<b>183</b>	<b>13</b>	<b>326</b>
<b>8.5</b>	<b>197</b>	<b>13.5</b>	<b>341</b>

*Source: American Diabetes Association*

The Geriatric Dietitian