

 <p style="text-align: center;">Commission on Dietetic Registration Board Certified Specialist in Gerontological Nutrition (CSG) Examination Specifications *</p>	<b># of Items</b>
<b>1. Nutrition Assessment</b>	<b>51</b>
<b>A. Screening and Assessment</b>	<b>17</b>
1. Validated Screening Tools	
2. Anthropometrics	
3. Nutrition-Focused Physical Findings	
4. Functional and Cognitive Status	
<b>B. Health History</b>	<b>20</b>
1. Diet and Lifestyle History	
2. Medical and Treatment History	
3. Medications and Supplements	
4. Diagnostic and Laboratory Testing	
<b>C. Cultural and Psychosocial Factors</b>	<b>14</b>
1. Access to Food and Healthcare	
2. Social Support Systems	
3. Cultural and Religious Practices	
4. Behavioral Health	
<b>2. Nutrition Interventions</b>	<b>46</b>
<b>A. Food and Nutrition-Related Interventions</b>	<b>19</b>
1. Diet Modification	
2. Fortified Foods and Supplements	
3. Dining Interventions	
4. Nutrition Support	
<b>B. Education and Counseling</b>	<b>13</b>
1. Behavior Change	
2. Educational Materials and Techniques	
3. Barriers to Learning	
4. Caregiver and Family Support	
<b>C. Care Planning and Coordination</b>	<b>14</b>
1. Care Plan Development and Modification	
2. Palliative and End-of-life Care	
3. Referrals and Transition of Care	
4. Government and Community-Based Programs	

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<b>3. Foodservice and Food Safety</b>	<b>28</b>
<b>A. Food Safety</b>	<b>15</b>
1. Food Handling Practices and Guidelines	
2. Foodborne Illness	
3. Training and Education	
4. Emergency and Disaster Preparedness	
<b>B. Foodservice Operations</b>	<b>13</b>
1. Menu Development and Nutritional Adequacy	
2. Foodservice Staffing, Equipment, and Facilities	
3. Dining Programs	
4. Quality Assurance and Performance Improvement	
<b>Total</b>	<b>125</b>

\* Each test form will include 1 set of 25 unscored pretest items in addition to the 125 scored items.  
3 hours of testing time.