

# 15 Best

# HIGH CALORIE VEGAN FOODS



**Walnuts**



**Peanut Butter**



**Avocados**



**Dried Plums**



**Coconut Cream**



**Veg Oil Spread**



**Soy Milk**



**Olive Oil**



**Rice**



**Quinoa**



**Potatoes**



**Flax Seed**



**Agave**



**Dates**



**Pumpkin Seeds**